

U3A Bermagui - Term 2 Program 2023

Course	Description	Sessions	Location	Contact
10 Most Amazing Things with Bruce Leaver	Presenting U3A sessions has often been a personal voyage of discovery. Research has uncovered astonishing revelations that have changed my view of the natural world. Here are my top ten. Cost: \$3. Min: 10. Max: 50. Contact: Bruce Leaver.	Mon 5-June 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Bruce Leaver 0400 374 927
An Introduction to Croquet with Chris T	Have fun learning to play the enjoyable and challenging game of CROQUET. No prior experience is necessary, just an ability to hit a stationary ball with a wooden mallet. Gentle mental and physical exercise in a friendly, outdoor setting at the Country Club. Players from 20 - 95 years of age compete effectively. Covid compliant. Wear flat-soled shoes, bring water and a hat. All equipment provided. Min: 2. Max: 10. Contact: Chris T.	Sun 14-May 9:45 am - 12:15 pm	Bermagui Country Club, Croquet Lawn (at rear)	Chris T 0481 171 400
Apple Qs On The Fly with Michael Gross	Bring your questions to Michael for expert advice on all things related to Apple technology. Cost: \$3. Min: 4. Max: 12. Contact: Michael Gross.	Thu 4-May 10:30 am - 12:00 pm	Room 1, BCCentre, Bermagui	Michael Gross 0401 993 788
Art Therapy - A Deep Play with Ruth Hagggar	Art Therapy is a gentle yet powerful tool for accessing your inner world. It can be useful for addressing health and well-being issues and provide insights into deeper aspects of ourselves. In these 2 introductory sessions we will learn to relax into some spontaneous play and see what unfolds. No artistic experience required. I have been working with art therapy for many years and incorporate it into my naturopathic practice. Cost: \$10 for two sessions. Payable in advance by credit or debit card on receipt of invoice after enrolment. Min: 5. Max: 7. Contact: Ruth Hagggar	Tue 23-May, 30-May 1:30 pm - 3:30 pm	Bermagui Country Club, Tennis Room (downstairs)	Ruth Hagggar 0407 510 076
Birds & Bush with Barry Virtue	A series of short, easy walks in the local area to share observations and knowledge of bush and birdlife. Min: 4. Max: 15. Contact: Barry Virtue.	Wed 14-June, 21-June, 28-June 8:30 am - 10:30 am	The meeting place will be advised before each walk.	Barry Virtue 0437 590 619
Clyde River Cruise & Lunch	What could be nicer? A pleasant cruise on the Clyde River from Batemans Bay to Nelligen, which includes commentary regarding local history AND fish, chips and salad for lunch. (A GF version is available upon request.) The day trip also covers travel by coach, with pick-ups from both Bermagui (8:30am, Country Club) and Cobargo (8:45am, CWA Cottage). You can also purchase a beer or wine on board, or enjoy a complimentary tea or coffee. The cruise will return to the Bay by 2:30, where we'll reboard our coach and head home. We are able to subsidise this excursion using grant funding, so are able to offer the day's event for just \$25 per person - a bargain to be sure! Payable in advance by credit or debit card on receipt of invoice after enrolment. Cost: \$25. Min: 12. Max: 30. Contact: Elizabeth Johnson.	Thu 18-May 8:30 am - 4:00 pm	Batemans Bay	Elizabeth Johnson 0499 818 454
Conversation Cafe with Kelly Eastwood	Here's an experience you'll be unable to resist ... our first Conversation Cafe featuring the wonderful Kelly Eastwood. She'll regale us with a myriad of tales, from "interesting" adventures with royalty, Russian oligarchs and other mega-rich folk, to her television experiences on programs such as MKR, MasterChef and River Cottage. We'll also hear about Kelly and her cafe being signed up as a disaster relief caterer with World Central Kitchen and the phenomenal support lent to our community during the bush fire crisis. We'll top it off with a delicious morning tea treat (GF catered for if you let us know) courtesy of Kelly and her team plus plunger coffee or tea. What's not to love? Cash at the door. Cost: \$5. Min: 10. Max: 25. Contact: Elizabeth Johnson.	Fri 9-June 11:00 am - 12:30 pm	Bermagui Mens Shed	Elizabeth Johnson 0499 818 454

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Demystifying Apple Technology with Michael Gross	This session covers a variety of everyday problems faced by users of Apple products, from iPhones to iPads to laptops and desktops. Please note: if you were waitlisted in Term 1 please enrol again and you will be given priority for this term. Cost: \$3. Min: 4. Max: 12. Contact: Michael Gross.	Tue 20-June 10:30 am - 12:00 pm	Room 1, BCCentre, Bermagui	Michael Gross 0401 993 788
First Friday Film and Lunch	Join this enthusiastic group of movie goers to see some of the newest movies. Arrive at the Kinema, purchase your ticket, sit back, enjoy the show and then, if you want, join the group for lunch afterwards. Details of the film and eatery will be emailed early in the week before the movie. Min: 2. Max: 50. Cost: \$10 plus lunch. Contact: Sheila Brice.	Fri 5-May, 2-June 10:30 am - 1:30 pm	Kinema, Narooma	Sheila Brice 0422 142 685
Fun French For Beginners with Valerie Holton	Fun French for Beginners and Forgetters is a class for people who are keen to speak French or refresh their existing knowledge. If you are a beginner, come and see how you go. If you have forgotten all the French you ever learnt you may surprise yourself. You will need a small English-French dictionary. No cost. Tea/Coffee provided. Min: 2. Max: 8. Contact: Valerie Holton.	Tue 9-May, 16-May, 23-May, 30-May, 6-June, 13-June, 20-June, 27-June 10:00 am - 12:00 pm	Presenter's Home	Valerie Holton 0457 286 506
History of Bermagui with Alan Douch	Bermagui's fascinating history starts with First Nations people who inhabited the area for thousands of years. In the 1830s, European settlement commenced with the river used as a port for early squatters in the Cobargo and Tilba districts and for the timber industry. Bermagui has also been a centre for the fishing industry, particularly since the 1930s. Cost: \$3. Min: 10. Max: 50. Contact: Chris T.	Tue 9-May 10:30 am - 12:00 pm	Hall, BCCentre, Bermagui	Chris T 0481 171 400
Ice Age Australia with Bruce Leaver	The Ice Ages had a dramatic impact with northern hemisphere ice sheets. The impact on Australia was also significant. The last glacial period saw the disappearance of the mega fauna, the arrival of humans and conditions so extreme that the main continental area became uninhabitable. This session details those events. Note: This is an update of an earlier presentation. Cost: \$3. Min: 10. Max: 50. Contact: Bruce Leaver.	Mon 8-May 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Bruce Leaver 0400 374 927
Indigenous Talk with Garry and Paul Campbell	Garry and Paul Campbell will discuss the latest developments regarding the Sacred Waterhole and any other developments of concern to the local Indigenous Community. They will also show examples of local indigenous food and discuss the significance of local artefacts. Min: 10. Max: 50. Cost: \$3. Contact: Wendy Tucker	Thu 11-May 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Wendy Tucker 0403 587 091
Parlons Francais with Katrina Proust	This is a conversation group for those with a good working knowledge of written and spoken French. It is expected that you have a solid base of grammar and a good vocabulary to support conversation. Thinking on your feet is challenging in any language. Therefore, before each session you are encouraged to do some preparation on the topic of the day. We provide a conversation space where you can develop existing listening and speaking skills in a supportive and lively environment. It is not a course for beginners. Min: 4. Max: 6. Contact: Katrina Proust.	Wed 3-May, 10-May, 17-May, 24-May, 31-May, 7-June, 14-June, 21-June, 28-June 10:00 am - 12:00 pm	Presenter's Home	Katrina Proust 0459 540 164
Simple Weaving with Carole Broadhead	Enjoy a relaxing day exploring simple and creative weaving with workshop leader/tutor Carole Broadhead. Based on the indigenous Tjanpi style of basket weaving, participants will have fun making a small basket and possibly one other item. Morning tea/coffee will be provided but participants should bring their own lunch. Limited places so book early! Payable in advance by credit or debit card on receipt of invoice after enrolment. Cost: \$10. Min: 2. Max: 10. Contact: Carol Hellmers.	Tue 13-June 10:00 am - 3:00 pm	1 Welsh Street, Bermagui	Carol Hellmers

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The Art Of Kissing Kitty with Gerry Hammerton	Lawn bowls for fun and fitness. Wear flat-soled shoes and comfortable clothing. Bring your own water. Bowls and equipment provided. Min: 2. Max: 10. Cost: \$5 per session payable as prize money. Contact: Gerry Hammerton.	Wed 24-May, 31-May, 7-June, 14-June, 21-June, 28-June 10:00 am - 12:00 pm	Bermagui Country Club, Bermagui	Gerry Hammerton 6493 5909
The Fascinating World of Kamishibai with Georgina Adamson	This session with children's storyteller, Georgina Adamson (AKA Noisy Nonna) will introduce you to the world of Kamishibai, a traditional Japanese form of Picture Theatre, now popular around the world. As well as story-telling, it has an important role in education. It's fascinating, fun and appeals to all ages. And it's easy to make your own simple version. Georgina will talk about writing stories for young children and other adaptations for this story box. Cost: \$3. Min: 6 Max: 20. Contact: Wendy Tucker.	Thu 1-June 1:00 pm - 3:00 pm	Hall, BCCentre, Bermagui	Wendy Tucker 0403 587 091
The Voice Referendum with Steve Payne	Steve Payne has lived and worked in Aboriginal communities. He will discuss the Voice Referendum by looking at: What is it? Where did it come from? What does it mean? Where are we going? This will be followed by a forum panel discussion. Cost: \$3. Min: 8. Max: 30. Contact: Wendy Tucker	Thu 22-June 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Wendy Tucker 0403 587 091
Visiting Baranguba (Montague Island) Over Thousands Of Years with Laurelle Pacey	Baranguba (Montague Island) has long been a significant landmark along the NSW east coast. It was a destination for Aboriginal people for thousands of years, an object of curiosity for white settlers on the mainland and home to lighthouse keepers and their families for over 100 years. The rich history and wealth of wildlife on Baranguba continues to attract visitors to this day. This course, presented by agricultural scientist, journalist, author and historian Laurelle Pacey, offers an insight into the rich history of Baranguba. Laurelle's knowledge and love of the area is deep and contagious. Participants will be treated to a visual presentation, accompanied by an informative talk, finishing with Q & As. Cost: \$5. Min: 10. Max: 20. Contact: Carol Hellmers.	Wed 24-May 10:00 am - 11:30 am	Seminar Room, Club Narooma. 88 Princes Highway, Narooma	Carol Hellmers
War Graves of WW1 - One Man's Vision with Ashley Fuller	The tranquil, beautifully manicured cemeteries we see today in France, would likely not exist but for the passion and persistence of one man: Fabian Ware. A Red Cross volunteer on the battlefield, he was deeply disturbed by the thousands of dead soldiers left to rot, and then hastily buried in-situ, only to be blown up again by relentless artillery. His determination to give every dead soldier (that could be found) a decent burial alongside his/her comrades led to the establishment of cemeteries across northern France and other WW1 battlefields. In almost every aspect of his quest he faced opposition - from the Army, the British Government, the churches and even the architects. For the first time in military history, soldiers were recognised individually and equally in death. Fabian Ware's story is extraordinary. Cost: \$3. Min: 10. Max: 50. Contact: Elizabeth Johnson.	Mon 15-May 10:30 am - 12:00 pm	Hall, BCCentre, Bermagui	Elizabeth Johnson 0499 818 454