

U3A Bermagui - Term 1 Program 2024

Course	Description	Sessions	Location	Contact
A Conversation with Garry and Paul Campbell	Garry Campbell is a Yuin elder and member of Merrimans Land Council. With his twin brother Paul, Garry will update us on the progress with the sacred Waterhole, and other happenings within the local area. Cost: \$3. Min: 15. Max: 50. Contact: Wendy Tucker.	Thu 15-Feb 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Wendy Tucker 0403 587 091
A Cruise Around Japan with Chris Mason	This is a presentation about a holiday I took primarily to see the stunning cherry blossom displays and lovely gardens. I'll also be talking about Japanese culture and stories. Cost: \$3. Min: 4. Max: 25. Contact: Jillian Taylor.	Fri 23-Feb 10:30 am - 12:30 pm	Bermagui Mens Shed	Jillian Taylor 0409 783 106
An Introduction to Croquet with Chris T	On a sunny Sunday morning come and try your hand at the enjoyable but brain-stimulating game of croquet, on the lawn behind the Bermagui Country Club. No prior experience is necessary, just the ability to hit a stationary ball with a wooden mallet. It's time to stretch your legs and challenge your mind! Wear flat-soled shoes, bring water and a hat. All equipment provided. COVID compliant. Cost: \$3. Min: 1. Max: 10. Contact: Chris T.	Sun 24-Mar 10am - 12pm	Bermagui Country Club, Bermagui	Chris T 0481 171 400
Apple Questions on the Fly with Michael Gross	Bring your questions to Michael for expert advice on all things related to Apple technology. Cost: \$3. Min: 4. Max: 14. Contact: Michael Gross.	Tue 13-Feb 10:30 am - 12pm	Room 1, BCCentre, Bermagui	Michael Gross 0401 993 788
Author Talk "Hessian" with Rhonda Casey	Rhonda Casey is a local writer of indigenous heritage. She has had a wide variety of jobs and professions, with degrees as diverse as Sustainable Land Management (with her love of nocturnal raptors) and work as an Equine Podiatrist. "Hessian" is a story of two women of the stolen generation, seeking their heritage and identity. It is set at the turn of the 20th century, and is a story of love, tragedy and finally hope. Copies of her book will be available for purchase. Cost: \$3. Min: 8. Max: 30. Contact: Wendy Tucker.	Wed 21-Feb 10:30 am - 12pm	Bermagui Mens Shed	Wendy Tucker 0403 587 091
Celebrating Local Writers with Inga Simpson	Local fiction writer Inga Simpson's books range from gentle stories set in Australian natural environments, to children's books, to an apocalyptic page turner. Her latest book focuses on a young cricketer and his personal bat-maker, and is so much more than just a story about cricket. Inga's books and writings have been short-listed for a range of literary prizes. Her attendance at our inaugural Celebration of Local Writers is supported by her publisher Hachette and her books will be available for purchase on the day through Candelo Books in Bega. Inga's talk will be chaired by Heather O'Connor. Cost: \$3. Min: 20. Max: 50. Contact: Ruth Perrett.	Fri 1-Mar 10:30 am - 12:30 pm	Bermagui Mens Shed	Ruth Perrett 0408 786 546

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Conversation Cafe with Zena Armstrong	It will be a pleasure to welcome Zena Armstrong to the Bermi Mens Shed as our first Conversation Cafe guest for 2024. We've been blessed with a variety of excellent speakers to date, and Zena will be no exception. Take a look at her CV ...Zena is a former senior Australian diplomat who has undertaken a myriad of roles including: working in Australia's embassy in Beijing; within Australia's post-war recovery taskforce in Iraq; and with recovery efforts following the devastating 2004 Indian Ocean earthquake and tsunami. She currently resides in Cobargo where she is the director of the town's popular Folk Festival, president of the community-run, non-profit Cobargo Bushfire Recovery Fund Inc (established after the 2019/20 fires) and president of the Cobargo and District Energy Transition (Microgrid) project. Oh ... and did I mention a musician, writer and former journalist? Undoubtedly she will have some tales to tell and some experiences to reveal that will keep us all enthralled as we enjoy a delicious morning tea. Cost: \$5. Min: 10. Max: 40. Contact: Elizabeth Johnson.	Fri 5-Apr 10:30 am - 12pm	Bermagui Mens Shed	Elizabeth Johnson 0499 818 454
Demystifying Apple Technology with Michael Gross	This session covers a variety of everyday problems faced by users of Apple products, from iphones to ipads to laptops and desktops. Cost: \$3. Min: 4. Max: 14. Contact: Michael Gross.	Tue 9-Apr 10:30 am - 12pm	Room 1, BCCentre, Bermagui	Michael Gross 0401 993 788
French For Beginners and Forgetters with Ron McCullagh	Whilst Valerie is on a well-deserved vacation, her very enthusiastic participants are keen to keep on trying to learn and improve their French. So into the breach steps Ron, who will support the Beginners and Forgetters in their quest to grasp the intricacies of the French language during Valerie's absence. If you are keen to continue learning, improving and refreshing your existing knowledge, then please come along. Tea and coffee will be provided and there is no cost. You will need a small English/French dictionary. Min: 2. Max: 8. Contact: Ron McCullagh.	Tue 13-Feb, 20-Feb, 27-Feb, 5-Mar, 12-Mar, 19-Mar, 26-Mar, 2-Apr, 9-Apr 10am - 12pm	Presenter's Home	Ron McCullagh 0458 113 918
Friday Film and Lunch at Narooma	Join this enthusiastic group of movie-goers to see some of the latest movies. Arrive at the Narooma Kinema, purchase your discounted ticket, sit back, enjoy the show, and then if you want, join the group for lunch afterwards. Details of the film and eatery will be emailed early in the week. Min: 2. Max: 50. Contact: Sheila Brice.	Fri 9-Feb, 8-Mar 10:30 am - 1:30 pm	Kinema, Narooma	Sheila Brice 0422 142 685
Intersex: A Human Rights Issue to Explore with Paul Payten	Paul conducted his very enlightening and interesting session regarding Intersex people last year. We've chosen to offer it again, as there's relatively little known about the "I" group within the LGBTQ"I"A+ community, and this is a great opportunity to broaden your understandings of the folk who were historically known - and born as - hermaphrodite. Often physically evident from birth (though not always) the term refers to people who were born with ambiguous genitalia, chromosomal variations and other physical anomalies - not psychological or emotional variations. If you were intrigued but baffled by what might be on offer in this presentation, then come along and be better informed. Paul leads a frank and open discussion aimed at improving our knowledge and perceptions. Cost: \$3. Min: 5. Max: 12. Contact: Paul Payten.	Mon 4-Mar 10:30 am - 12pm	Room 1, BCCentre, Bermagui	Paul Payten 0466 013 153

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Listening to Children Read: Some Strategies & Skills with Jane Mitchell	Attention grown-ups who listen to kiddies read! Come and learn some strategies to: enhance your expertise when listening to children read; maximise the child's engagement with the text, and foster comprehension skills. Jane's many years of experience both in Special Education and in the regular classroom make her the ideal person to reveal some valuable suggestions to foster the young person's developing literacy skills. Cost: \$3. Min: 3. Max: 14. Contact: Jane Mitchell.	Fri 15-Mar 10:30 am - 11:30 am	Room 1, BCCentre Bermagui	Jane Mitchell 0400 000 000
Maths Can Be Fun! with Lynne Daly	Delving into the world of numbers. A brief look at the history of the number system we know and love today. Then ... let's play with numbers and have fun ... yes, FUN! Cost: \$3. Min: 4. Max: 8. Contact: Jillian Taylor.	Thu 14-Mar 10:30 am - 12pm	Room 1, BCCentre, Bermagui	Jillian Taylor 0409 783 106
Parlons Francais with Katrina Proust	This is a conversation group for those with a good working knowledge of written and spoken French. It is expected that you have a solid base of grammar and a good vocabulary to support conversation. Thinking on your feet is challenging in any language. Therefore, before each session you are encouraged to do some preparation on the topic of the day. We provide a conversation space where you can develop existing listening and speaking skills in a supportive and lively environment. It is not a course for beginners. Min: 4. Max: 8. Contact: Katrina Proust.	Wed 7-Feb, 14-Feb, 21-Feb, 28-Feb, 6-Mar, 13-Mar, 20-Mar, 27-Mar, 3-Apr, 10-Apr 10am - 12pm	Presenter's home	Katrina Proust 0459 540 164
Raising Awareness About Palliative Care & End-of-Life Planning with Annie Dullow	During this session, the film "Live the Life You Please" (developed through Palliative Care Australia) will be screened. A panel discussion will follow with a Palliative Care nurse from Narooma; a consumer; local champion Shanna Provost (who has created a resource to inform planning for end-of-life), and a service provider from specialist palliative care. The main objective is to raise awareness about these important options and choices, and to start having conversations with families about end of life wishes. Cost: \$3. Min: 10. Max: 50. Contact: Wendy Tucker.	Thu 11-Apr 10:30 am - 12pm	Hall, BCCentre, Bermagui	Wendy Tucker 0403 587 091
Sculptures Tour with Chris T	Each year Bermagui Headland and Surf Club are transformed with the display of a large collection of sculptures by various artists. A gentle stroll around the exhibits provides an opportunity to learn more about what goes into making a sculpture and how best we can appreciate them. Meet Chris at the Sculptures Bermagui Information Tent on the headland at 9:30 for the tour. Your donation will go to Sculptures Bermagui. Cost: \$3. Min: 1. Max: 10. Contact: Chris T.	Tue 12-Mar 9:30 am - 11am	Bermagui Headland	Chris T 0481 171 400
The Art of Kissing Kitty with Gerry Hammerton	Come and learn Lawn Bowls for fun and fitness. Wear flat-soled shoes, comfortable clothes, a hat and bring sun-screen and water. Bowls and tuition provided. See you on the bowling green for a bit of fun! Cost: \$5 per session, which is returned as prize money. Min: 2. Max: 10. Contact: Gerry Hammerton.	Wed 21-Feb, 28-Feb, 6-Mar, 13-Mar, 20-Mar, 27-Mar 10am - 12pm	Bermagui Country Club, Bermagui	Gerry Hammerton 0427 850 947
The Cambrian Animal Explosion with Bruce Leaver	Multicellular animal life forms first emerged about half a billion years ago. They were largely simple filter-feeders carpeting the ocean floor. The onset of the Cambrian period saw an explosion in animal types and complexity, ranging from the bizarre to recognisable ancestors of life on Earth today. This session describes that explosion. Cost: \$3. Min: 10. Max: 50. Contact: Bruce Leaver.	Mon 18-Mar 10:30 am - 12:30 pm	Hall, BCCentre, Bermagui	Bruce Leaver 0400 374 927

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The History Behind the Santiago de Compostela with Ashley Fuller	The pilgrimage to Santiago in Spain was one of the most dynamic social movements of the Middle Ages. The emergence of the pilgrimage to the shrine of St James - Santiago de Compostela - is rich in piety, politics and the enduring power of legend. Examining the history of its rise in popularity reveals the workings of the Mediaeval mind, the increasing power of the Christian church in Europe and its role in providing a safer existence for the people, and its role in the Reconquest of Spain. Cost: \$3. Min: 10. Max: 35. Contact: Ashley Fuller.	Mon 11-Mar 10:30 am - 12pm	Hall, BCCentre, Bermagui	Ashley Fuller 0409 385 839
Theatre Games and Improv for Beginners with Peta Burchell	"Improv" is an incredibly rewarding and enriching experience - and the most fun you can have whilst learning new skills. Develop your confidence, improve your memory, make new friends, laugh a lot and have FUN! It will be a space where making creative choices is in turn challenging, rewarding and satisfying - like playing a game where everyone can win. Improvisation is an easily accessible, safe and generous art-form, and this well-designed beginner's class will be friendly and inclusive for people of all backgrounds. No experience is necessary: bring a friend, and be prepared to experiment with ideas and fail happily! Ideally you would be able to attend all or most of the six sessions. Cost: \$3. Min: 4. Max: 10. Contact: Peta Burchell.	Mon 19-Feb, 26-Feb, 4-Mar, 11-Mar, 18-Mar, 25-Mar 1:30 pm - 3pm	Bermagui Mens Shed	Peta Burchell 0448 782 945